Information on Access to Medicare Rebate Services (Better Access to Mental Health Care Initiative)

As an Accredited Mental Health Social Worker, I am able to offer services under the Better Access to Mental Health Care Initiative for which a Medicare rebate is available.

In order to access this service you must have a referral from your GP who has developed a Mental Health Treatment Plan with you. Part of this treatment plan must involve the provision of counselling services (Focused Psychological Services) by an Allied Health Professional (such as a qualified and accredited Mental Health Social Worker).

Please bring your GP referral, your treatment plan and your Medicare card to your first appointment.

The cost of a one-hour counselling session is $180. The Medicare rebate is $74.80. You will be able to pay for the session through Eftpos while you are here, and the Medicare rebate can be immediately credited back into your account (please note this can not be done with a credit card). In some instances bulk billing services can be provided for people who have no or low incomes. Please contact me to discuss this further.

Please note that the current arrangements with Medicare limit the number of sessions available to 6 sessions. It is possible to request that your GP approve a further 4 sessions. Therefore the total number of sessions available through the Medicare program is 10. This is important for you to consider in terms of your overall access to counselling. If you believe that you may need further sessions you will be required to pay for these independently. Please note that fees may at times be negotiable for people on low or no incomes.

In addition to the general consent included in your information pack, you must also sign this form which allows me to communicate with your GP in relation to our sessions. This will involve reports being provided to your GP. Copies of all reports will also be provided to you and there will be opportunities to discuss these should you wish.

Consent:
I, (print name in block letters) ................................................ have read and understood the above Consent Form. I agree to these conditions for the services provided by Jenny Gilmore. I give my consent to discuss my details with my GP and any other allied health professionals involved in my treatment plan.

Signature: .................................................. Date: .........................

Please note: If, after reading this page you are at all unsure of what is written, please discuss it with me.